

Psychology of Aging Section 80 PSYC 114

Spring 2023 3 Unit(s) 01/25/2023 to 05/15/2023 Modified 01/20/2023

Course Description and Requisites

Psychological development of middle-aged and older adults emphasizing normative (typical) development in the context of cognitive, socioemotional, biological, and cultural processes. Course content also includes age-related health problems and their prevention.

Prerequisite: PSYC 001.

Letter Graded

Program Information

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues. Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Course Materials

The required textbook for our course is: Yochim, B. P., & Woodhead, E. L. (Eds.) (2018). Psychology of Aging: A Biopsychosocial Perspective. New York, NY: Springer. ISBN: 9780826137289

Additional required course materials include educational videos, readings, reading quizzes, etc. which are all available on our Canvas course shell.

Course Requirements and Assignments

This is an *asynchronous*, fully online course. This means that all aspects of our class will occur online through the **Canvas website** for our course (<https://sjsu.instructure.com>). You will progress through Modules for each week (you may go at your own pace) and I will communicate with you weekly through Canvas. I am also available via Zoom and email to support your learning all semester!

You must have **reliable internet connection and a computer that can sustain video** to access the course material (including exams, assignments, etc.).

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practica. For our online course, this means that you'll need to spend about 9-10 hours per week on the course.

Grading Information

Grade	Percentage
A plus	>100%

A	100-94%
A minus	93-90%
B plus	89-87%
B	86-84%
B minus	83-80%
C plus	79-77%
C	76-74%
C minus	73-70%
D plus	69-67%
D	66-64%
D minus	63-60
F	59-00

University Policies

Per [University Policy S16-9 \(http://www.sjsu.edu/senate/docs/S16-9.pdf\)](http://www.sjsu.edu/senate/docs/S16-9.pdf), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page \(https://www.sjsu.edu/curriculum/courses/syllabus-info.php\)](https://www.sjsu.edu/curriculum/courses/syllabus-info.php). Make sure to visit this page to review and be aware of these university policies and resources.

Course Schedule

Week	Dates Covered	What We Examine	For You to Read	Assignments & Activities Due
1 and 2	1/25-2/5	Introduction, Syllabus Review, Course Orientation	Syllabus Canvas Course Site	*Introductory Post *Online Assessment *Class Activity 1
3	2/6-2/12	Introduction to the Psychology of Aging	Ch. 1	*Reading Quiz 1 *Class Activity 2 with Discussion Post and Reply
4	2/13-2/19	Biological Theories of Aging	Ch. 2	*Reading Quiz 2 *Class Activity 3 with Discussion Post and Reply

5	2/20-2/26	The Aging Body and Age-Related Health Conditions; Prevention	Ch. 3	*Reading Quiz 3 *Class Activity 4 with Discussion Post and Reply
6	2/27-3/5	Neurocognitive Disorders in Late Life	Ch. 9	*Reading Quiz 4 *Class Activity 5 with Discussion Post and Reply
7	3/6-3/12	Exam 1 - Available March 6 at 9am until March 12 at 11:59pm	Chapters 1-3, 9	*Group Interview Questions Due March 12
8	3/13-3/19	Cognition and Aging	Ch. 7	*Reading Quiz 5 *Class Activity 6 with Discussion Post and Reply
9	3/20-3/26	Personality and Emotional Development	Ch. 5	*Reading Quiz 6 *Class Activity 7 with Discussion Post and Reply
10	3/27-4/2	*Spring Recess* No Classes		
11	4/3-4/9	Mental Health and Aging	Ch. 6	*Reading Quiz 7 *Class Activity 8 with Discussion Post and Reply
12	4/10-4/16	Relationships, Families, and Aging: Changes in Roles with Aging	Ch. 10	*Reading Quiz 8 *Class Activity 9 with Discussion Post and Reply
13	4/17-4/23	Exam 2 - Available April 17 at 9am until April 23 at 11:59pm	Ch. 5-7, 10	Older Adult Interview Paper due April 23
14	4/24-4/30	Aging and the Legal System	Ch. 14	*Reading Quiz 9 *Class Activity 10 with Discussion Post and Reply
15	5/1-5/7	Aging, Work, and Retirement	Ch. 11	*Class Activity 11 with Discussion Post and Reply <i>*No reading Quiz this week</i>

16	5/8-5/14	Death and Dying Cultural Differences in Aging	Ch. 12 Ch. 13	*Reading Quiz 10 *Class Activity 12 with Discussion Post and Reply
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